2006 EVALUATION PILOT PROJECT

THROUGHOUT 2006 THE TRACKING STUDY PILOT PROJECT TESTED NEW WAYS OF EXPLORING THE LINK BETWEEN REGENERATION AND HEALTH + WELLBEING. LOCAL PEOPLE AND PROFESSIONALS WORKED TOGETHER IN PAIRS AND DISCUSSED A RANGE OF THEMES AND QUESTIONS.

PILOT 2006

PARTICIPANTS OFFERED THEIR VIEWS ON THE PILOT

THIS IS WHAT LOCAL PEOPLE TOLD US.

THEIR CONTRIBUTIONS HAVE INFORMED THE 2007 PROJECT

QUESTIONS KEY

WHAT DID YOU LIKE OR ENJOY ABOUT BEING PART OF THE PROJECT?

STUNT PLANES

WERE THERE THINGS THAT WERE DIFFICULT?

PARACHUTES

WHAT ADVICE WOULD YOU GIVE TO THE STUDY TEAM TO MAKE THE PROJECT BETTER FOR PEOPLE NEXT YEAR?

HELICOPTERS

WHAT ADVICE WOULD YOU GIVE TO NEW PEOPLE ABOUT GETTING THE MOST OUT OF THE PROJECT IN 2007?

SEA PLANES

TASC AGENCY 2007

WHAT LOCAL PEOPLE SAID ABOUT BEING PART OF THE STUDY

WWW.TRACKINGSTUDY.CO.UK

FEED BACK AND A SENSE OF IT BEING WORTHWHILE

This has been excellent for me

You get feedback and it makes it feel like it's worthwhile

I like to share them with my son

The posters – what a great idea!

It's been good things are there in black and white if you want to read them

THE POSTERS

LINKS BETWEEN THE PROPS FOR SESSIONS AND THE POSTERS

The props and the posters are a really clever idea, they work together

The feedback you get is great.

ACTUAL FACE TO FACE SESSIONS ARE RELAXED

It can be stressful to find time, it's a stressful time – but taking part isn'E stressful at all.

It was good to remember what we have lost in family life, it made me aware of how things have changed and how difficult it is for children now. Their life isn't as simple and safe

IT'S GOOD TO REFLECT REMEMBER AND THINK ABOUT THINGS

FINDING IT HARD TO SAY WHAT YOU WANT

Sometimes it's hard to find the words that explain what you want to say. It can be hard.

Usually professional people talk to you and don't write anything down ... so how do they remember?

GOOD THAT VIEWS ARE WRITTEN DOWN

THE PERSONAL JOURNEY QUESTION

That question was hard. It was hard to identify what support there was – but we eventually do it!

IT'S GOOD TO BE HEARD

You feel able to tell someone – your views – to someone who listens

GOOD TO HEAR WHAT OTHER PEOPLE THINK

I like to know that other people are thinking the same things

It's been a challenge but it's distracted in a good way

A DISTRACTION AND WAY TO THINK ABOUT THINGS BEYOND IMMEDIATE DAY TO DAY STRESSES

It's just the talking, you know, good chats, good laughs. It's good to have time out on your own.

It gives you a chance to explore and think things through. It brings things to your attention. I liked finding out there's a community out there that's got these views.

THE POSITIVE TONE

It was good to look at things positively, that it's the way I look at the world.

GOOD TO WORK CLOSELY WITH WORKER

Working as a team brought us together. We've had our laughs and our cries

We enjoyed each other's company

You just use your own language and experience, and as time goes on you have to think more open-minded, and the posters make you see what other people have said

GOOD TO KNOW THAT WHAT YOU THINK MATTERS AND IT MAKES YOU THINK ABOUT THINGS DIFFERENTLY

I feel a freedom to speak the way I want

TASC AGENCY

MAKE THE INFORMATION SHEET SHORTER

You should do a short version of the information about the project, like one page, and then you can go back to this for a reminder

BEING A BIT ANXIOUS ABOUT HAVING ANYTHING TO OFFER

It's not hard but I was a bit worried that she would get something from what I was saying

ALWAYS STRESS PARTICIPATION CONFIDENTIAL

You know we're a suspicious lot, it's always good to remind people this is safe and confidential

KEEP THE LANGUAGE USED IN THE QUESTIONS STRAIGHT FORWARD AND CLEAR

Some of the questions felt a bit more round about – the questions need to be straight forward

WORK WITH SOMEONE YOU KNOW AND RESPECT

It's good to do it with someone you know and see anyway

It's okay to check out and be reassured that what you are doing is safe, so you need to know your local worker.

It's important to feel safe with your local worker

IT'S IMPORTANT YOU FEEL SAFE WITH YOUR PARTNER

REMEMBER IT'S ABOUT THINGS YOU KNOW

Remember it's about everyday issues

Make sure you get to local people through groups like Gingerbread, to get to people that feel stigmatised

GET TO THE RIGHT PEOPLE

SOME QUESTIONS CAN SEEM A BIT HARDER TO ENGAGE WITH THAN OTHERS

The personal journey question was the hardest for me – it didn't feel so relevant

KEEPING TO AGREED MEETING TIMES

Things can come up in life that can be an issue on the days we planned to meet.

The emphasis is on being positive – which is great, but local people should be able to make observations which are critical with what are being feeling they are just negative, they're just useful observations of the reality of the problems we face

STAY POSITIVE BUT ALLOW PEOPLE TO BE CRITICAL

SHARE MORE INFORMATION WITH THE GROUP ABOUT WHO IS TAKING PART

It's good you just remember that life is difficult for people, you have worries about your children. But we talked about this

REMEMBER THAT LIFE CAN BE DIFFICULT

Use your own language, tell the story the way you want to tell it. Don't feel you can't say what you want.

Once you've done the first question you just get involved.

THE FIRST STEP IS THE HARDEST

Get involved, why not! It has given me insight into the way things are. I think a lot of people be would interested

GET INVOLVED!

BE CONFIDENT

Just be open and honest. Do it with somebody like I have, they can help you spark up conversations – you never know where it goes.

BE HONEST

– GIVE THE TIME –

Because I'm interested in my community I'll make the time and effort. It's not too time consuming, you should think about it.

IT'S WORTH IT

It'll help you to talk especially if you're lonely or someone who doesn't normally talk.

WHAT IMPACT WILL WE HAVE: "For me this has always been about more than a survey. They shouldn't find this in 20 years and say "Oh, they did that." – It should be used to make a difference Now."

"You need to make something out of this, not just questions – but make something happen."

"We need to know that this will make a difference. People need to know they're being heard. I know change can be a slow process but I still want to be part of it."